

SWIMMERS!
JOIN THE
GREEN TREE SHARKS
2016 SUMMER
SWIM TEAM



Hey kids! Join us for fun and competition in the water this summer...are you able to swim one pool length? And do you want to learn the swim strokes from the best? Then jump in!

Practice at the Green Tree Pool weeknights beginning at 8 p.m., RAIN or SHINE!
Younger swimmers are done by 9:30 p.m.; older swimmers practice until 10 p.m.

Sign-up at Green Tree Fire Hall from 2-4 p.m. on
Saturday, April 23rd or Sunday, April 24th

Season runs from early June through late July

Team competes against Scott Twp, Crafton & South Fayette

Team picnic with trophies, prizes and activities - held in August

Team t-shirts included with registration; team suits available for purchase (not required)

Help raise funds: sell a profit of \$25 from scheduled fundraisers, or pay an opt-out fee

Parent volunteers: Volunteers are needed to run the meets. A \$20 fee will be collected at registration and returned once the volunteer obligation is met.

Registration: \$75 per swimmer; \$50 per each sibling (includes \$15 for Insurance)

Part of the SOUTH HILLS SUMMER SWIM CONFERENCE, the league abides by the USA Swimming Rules Regulations and for Swimming that govern our technical rules. (Rulebook can be accessed at www.usaswimming.org)

For more information, visit GTSwim under athletic organizations at <http://www.greentreeboro.com/> or call one of our board members; Bonnie Lorenzini at 412-670-5841 or Theresa Lydon at 412-498-4040

2016 Team Information



DAILY PRACTICE

Practice begins on Monday, June 13th, at 8 p.m. at Green Tree Pool. If you are NOT a member of Green Tree Pool, you will not be able to enter the pool until 7:45 p.m. on practice nights.

Practice is held every evening (Monday – Friday, unless noted on the calendar) at Green Tree Pool, RAIN OR SHINE! Practice is only cancelled due to thunder and lightning. A decision as to whether or not a practice will be held will not be made until after 7:30 p.m. on practice nights. Although attending daily practice is not mandatory, it is a must for skill development and improvement and for the coaches to know who you are and how you swim.

Swim Practice is usually over by 9:30 p.m. for the younger swimmers and 10:00 p.m. for the older swimmers. However, it is at the discretion of the coaches as to when practice is over. The Swim Team and Green Tree Pool are not responsible for any child who leaves the confines of the pool gates. Please be early to pick up your children.

Parents are not allowed on the pool deck or the beach area (grass) during practice. If you have any questions or concerns about the practices, please talk to the coaches before or after practices – not during.

SWIM MEETS

Swim Meets consist of 56 races, some with 2 or more heats per race depending on the number of swimmers. Your child will typically only be swimming in 3 events (most often NOT in a row) per meet. When your child arrives for the meets, he/she should go directly to the sign in table/coach who will write on your child's hand which races he/she will be competing in. The swimmers will warm-up as a team and sit together on the "beach" as a team. Please expect each meet to last a minimum of three hours – leaving early could cause the team to forfeit some races!

All swimmers are expected to stay the whole meet to cheer on their teammates and clean up after each meet. We are graciously provided the use of Green Tree Pool by the Borough of Green Tree, therefore, it is our responsibility and obligation to clean up after practices and meets.

All swimmers should wear their team T-shirt and team swimsuit (if they have one) to the meets. Swimmers should also stay in the designated "Green Tree Swim Team Beach Area" so they do not miss any of their races. The starter will not hold an event in order to look for a child who has not shown up to race. **Parents and/or guardians should be aware of where their child(ren) are at all times and make sure they line up when their race is called. Green Tree coaches, board members, and parent volunteers are NOT responsible if your child misses his or her race.**

FUNDRAISING

This year every swimmer is required to sell hoagies, raffle ticket or a combination of both that equals profit of \$25.00 per swimmer or pay an "opt-out" fee of \$25.00 per swimmer.

Hoagie Orders and all money will be due no later than Thursday, June 14th. Pickup will be on Thursday, June 23rd only at GT Firehall from 6:30pm to 8:00pm..

Lottery Drawing Fundraiser– Drawings will be based on the PA Evening Daily Number. Half of the payment received from each ticket sold will be credited toward the swimmer's fundraising obligation. Payment for tickets sold must be turned in no later than June 30th.

VOLUNTEERS

Parents, we need your help!!!! Our swim team only thrives because of the time and talents of the many parent volunteers on the team. Please see any Swim Club Officer at any one of the evening practices to sign up in a variety of ways at the meets, practices, fundraisers and picnic. Each family is asked to volunteer for a minimum of 2 events. A volunteer fee of \$20 will be collected at registration and returned upon completion of volunteer obligation.

SWIMMER SURPRISE NIGHTS

Swimmer Surprise Nights are unscheduled treats for swimmers who attend daily practices. From chips to pizza to playing on the slide, these nights are unannounced and another reason to attend daily practices on a regular basis.

FOLDERS

Each Family is assigned a folder at the beginning of the summer. The folder box is usually located on one of the round tables in the concession area. Please check your folder each night after practice for important team information. Newsletters and other information will be posted on the Swim Team Bulletin Board located by the pool entrance gate. Make a habit of stopping by to read the information provided.

ALL-STARS & CHAMPIONSHIPS

The swimmers with the first and second fastest times in each event, in each age group, go to the Championship Meet. They are ineligible to go to the All-Stars Meet. Everyone else competes in All-Stars. Swimmers competing in individual events at All-Stars are eligible to compete in relays only at the Championship Meet. It is imperative that the coach know whether you are able to attend either event as soon as possible. Being eligible for Championships should be every swimmer's goal at the beginning of the season, and the reason for attending daily practice.

RIBBONS

Every swimmer should check their folder for ribbons after practice a day or two after meets. The ribbons should have your name correctly spelled on them, the event you swam, your time, and a DQ, if you were disqualified. Usually, most swimmers will get a participant ribbon. Only the swimmers in the first heat of every event get place ribbons (1st through 6th). The goal of each swimmer should be to improve their own time with each swim meet.

SHSSC RULES

The Green Tree Swim Team is a part of the South Hills Summer Swim Conference which has adopted the USA Swimming Rules and Regulations for swimming that govern our technical rules. Parents may review the rulebook at www.usaswimming.org

AWARDS & PRIZES

Several awards and prizes are given out at the Family Picnic in August. The awards and prizes are based on meet participation, practice attendance, skill improvement, and fundraising participation. **It is not enough to swim at the meets only and not participate in the team practices and activities.**

FEES

The fees for the 2016 Green Tree Swim Team are as follows:

Registration: \$75 per swimmer, \$50 per each sibling (This includes \$15 for insurance)

Non-Resident Fee: \$10 per swimmer (excludes Keystone Oaks School District)

Late Registration Fee: \$25 per swimmer (If registering after May 22nd)

Returned Check Fee: \$40

Volunteer Ransom: \$20 (will be returned once volunteer obligation is met)

2016 Green Tree Non-Resident Pool Pass Holders will be refunded the Non-Resident Fee if they show proof of their pool pass no later than June 15th.

LATE REGISTRATION WILL NOT BE ACCEPTED AFTER JUNE 13 TH.

BOARD MEMBERS

Bonnie Lorenzini
President
412-670-5841

Theresa Lydon
Vice-President
412-498-4040

June 2016 – Green Tree Swim Team

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9 KO Graduation	10	11
12	13 1st practice for all swimmers	14 Hoagie orders and payment due	15	16	17	18
19	20	21 Photo Night & Time Trials --- (Check-In @ 7pm) (Trials @ 8pm)	22 KO Kennywood Picnic NO PRACTICE	23 Pick up hoagies at firehall 6:30 – 8pm	24	25
26	27	28 Green Tree @ Crafton 6pm start 5:30 warmup	29	30 Final day Raffle Ticket Money Due		

July 2016 – Green Tree Swim Team

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 no practice	5	6 Scott @ Green Tree 6pm start 5:00 warm-up	7	8	9
10	11	12 South Fayette @ Green Tree 6pm start 5:00 warm-up	13	14	15	16
17	18	19	20 Relay Carnival @ South Fayette 6PM Start	21	22	23
24	25	26 Champs @ Crafton 6PM	27	28	29	30 All Stars @ Scott 9AM